

Numbers from the Quality Report 2019

Sunnaas Rehabilitation Hospital offers multidisciplinary rehabilitation to patients with complex functional impairment following illness or injury. The hospital's full continuum of care focuses on community re-entry, which for many people means returning to home, work or a supported, community living environment. The hospital also holds national responsibilities for rare congenital disorders and locked-in syndrome.

Our areas of expertise includes spinal cord injuries, severe multitrauma, traumatic brain injuries, stroke, cognitive challenges, pain, severe burn injuries, neurological illnesses and are congenital disorders.

The patient is an active participant in their own treatment, surrounded by a multidisciplinary team



Photo: Kenneth Hætta

#### Additional specialist services provided when necessary

- Nutritional physiologist
- Urotherapist
- Sexual Adviser
- Peer Consultant
- Hospital Priest
- Activity Consultant
- Leisure Consultant
- Driving School
- Urologist
- Neuro Surgeon
- Orthopedic Engineer
- Hand Surgeon
- Psychiatrist
- Plastic Surgeon
- Pediatrician
- Eye doctor

By the numbers 2019



**159**  
beds



**560**  
Full time  
Equivalent  
777 employees



**3 200**  
discharged  
patients



**7 652**  
outpatients  
including including  
Health and work  
(1200)

## Results and development last three years

Activity/Year	2017	2018	2019
Patient satisfaction	90%	92%	90%
Number of discharges	3129	3194	3219
Number of outpatient consultations	3692	5182	7679
Number of outpatient consultations in the rapid recovery project (RATI)	1586	976	1306
Number of bed-days	44330	43029	41891
Number of assessed referrals	4370	3894	3193
Average waiting time in days <sup>1</sup>	55	53	53
Average hospitalisation time <sup>2</sup>	13,95	13,45	13,99
Sickness absenteeism	8,2%	6,3%	6,5%
Average age of patients	46	47	46
Percentage of appointments sent with reference	895	92%	83%%
Coating	94%	97%	94 %
Summary case record	78%	80%	92%
Fall per 1,000 patient days	1,3	1,6	1,7

<sup>1</sup> Does not apply to patients transferred from acute care hospitals.

<sup>2</sup> Considerable variation in the different departments.

## Research, Innovation and International Activity

In the years to come we will maintain and strengthen a high activity of research and innovation. In 2019 we produced 72 peer-reviewed articles and had three PhD-graduations. Our innovation projects portfolio is comprehensive and includes new inventions and service development. We have established a test bed where enterprises together with stakeholders within health care providers, i.e. hospitals, primary and elderly care can test, develop and implement new products, services, processes and organisational solutions. At all times there is about 4-5 ongoing projects.

Sunnaas Rehabilitation Hospital has associated professors in Sweden, Denmark and Australia and a strong international presence. The Sunnaas International Network (SIN) in Rehabilitation includes researchers from China, United States of America, Russia, Sweden, Palestine, Israel and Norway. We run collaborative projects in several countries; Cambodia, Syria, Lebanon, Uruguay and Ukraine.



Gender distribution patients  
53% men  
47% women



High research and innovation activity



Close to 40 employees with PhD-degrees



10 university positions affiliated to the hospital