



SUNNAAS ADL INDEX

NAME:

D.o.B:

INSTITUTION:

DIAGNOSIS

OCC.THERAPIST:

SCORING:

3 = Can manage alone, and does it
2 = Can manage alone, and does it, under special conditions

1 = Needs some help or motivation from another person. Alt. can manage alone, but does not do it.

0 = Can not manage

INDEPENDENT

DEPENDENT

SEE MANUAL FOR SCORING

Note! Separate scoring key for spinal cord injured (SCI) for items 2 and 4..Item 2 reads for SCI "bladder-management" and item 4 reads "bowelmanagement"

Date:														
	0	1	2	3		0	1	2	3		0	1	2	3
1.EATING														
2.CONTINENCE														
3.INDOOR MOBILITY														
4.TOILET-MANAGEMENT														
5.TRANSFER														
6.DRESSING AND UNDRRESSING														
7.GROOMING														
8.COOKING														
9.BATH /SHOWER														
10.HOUSEWORK														
11.OUTDOOR MOBILITY														
12.COMMUNICATION														
SUM:														

COMMENTS:

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