

Numbers from the Quality Report 2018

Sunnaas Rehabilitation Hospital offers multidisciplinary rehabilitation to patients with complex functional impairment following illness or injury. The hospital's full continuum of care focuses on community re-entry, which for many people means returning to home, work or a supported, community living environment. The hospital also holds national responsibilities for rare congenital disorders and locked-in syndrome.

Our areas of expertise includes spinal cord injuries, severe multitrauma, traumatic brain injuries, stroke, cognitive challenges, pain, severe burn injuries, neurological illnesses and are congenital disorders.

The patient is an active participant in their own treatment, surrounded by a multidisciplinary team



Photo: Kenneth Hætta

#### Additional specialist services provided when necessary

- Nutritional physiologist
- Urotherapist
- Sexual Adviser
- Peer Consultant
- Hospital Priest
- Activity Consultant
- Leisure Consultant
- Driving School
- Urologist
- Neuro Surgeon
- Orthopedic Engineer
- Hand Surgeon
- Psychiatrist
- Plastic Surgeon
- Pediatrician
- Eye doctor

By the numbers 2018



**159**  
beds



**560**  
Full time  
Equivalent  
764 employees



**3 200**  
discharged  
patients



**5 200**  
outpatients  
including including  
Health and work

## Results and development last three years

Activity/Year	2016	2017	2018
Patient satisfaction	91%	90%	92%
Number of discharges	3142	3129	3194
Number of outpatient consultations	3606	3692	5182
Number of outpatient consultations in the rapid recovery project (RATI)	1234	1586	976
Number of bed-days	43728	44330	43029
Number of assessed referrals	5186	4370	3894
Average waiting time in days <sup>1</sup>	52	55	53
Average hospitalisation time <sup>2</sup>	13,78	13,95	13,45
Sickness absenteeism	7,2%	8,2%	6,3%
Average age of patients	46	46	47
Proportion of patients discharged home	95%	95%	97%
Percentage of appointments sent with reference	76%	89%	92%
Coating	92%	94%	97 %
Summary case record	73%	78%	80%
Fall per 1,000 patient days	1,8	1,3	1,6

<sup>1</sup> Does not apply to patients transferred from acute care hospitals.

<sup>2</sup> Considerable variation in the different departments.

## Research, Innovation and International Activity

In the years to come we will maintain and strengthen a high activity of research and innovation. In 2018 we produced about 60 peer-reviewed articles and had four PhD-graduations. We have more than 20 ongoing innovation projects and have established a test bed. A test bed is a physical or virtual environment where enterprises together with stakeholders within health care providers, i.e. hospitals, primary and elderly care can test, develop and implement new products, services, processes and organisational solutions.

Sunnaas Rehabilitation Hospital has associated professors in Sweden, Denmark and Australia and a strong international presence. The Sunnaas International Network (SIN) in Rehabilitation includes researchers from China, United States of America, Russia, Sweden, Palestine, Israel and Norway. We run collaborative projects in several countries; Cambodia, Lebanon, Uruguay and Ukraine.



Gender distribution patients  
53% men  
47% women



Research budget equals approximate 7 % of total budget



Close to 40 employees with PhD-degrees



From one to 19 University positions, 2003 - 2018