

Symposium on nutrition and spinal cord injuries 17th of November 2016

SCI research group, Sunnaas Rehabilitation Hospital

Participants: SCI clinicians, SCI research group + invited guests (collaborators, professors, research fellows, other spinal units)

Preliminary program

Location: Auditorium – Building G

11.30 – 11.35:	Welcome	Vegard Strøm, PhD
11.35 – 11.50:	Physiological changes and complications after SCI	Emil Kostovski, MD, PhD
11.50 – 12.15:	Nutritional challenges after SCI in the acute/rehabilitation/chronic phase	Samford Wong, RD, PhD
12.15 – 12.30:	Break	
12.30 – 12.50:	Energy expenditure after SCI	Matthijs Wouda, PhD candidate
12.50 – 13.15:	Dietary needs and sample menu	Hanne B Slettahjell, RD, MSc
13.15 – 13.30:	Break	
13.30 – 14.15:	Weight management guidelines in SCI	Samford Wong, RD, PhD
14.15 – 14.30:	Clinical implications	Thomas Glott, MD, Chief Physician
14.30 – 15.00:	Discussion and take-home message	
