



Health Self-Declaration

Students, interns, and service providers must submit a self-declaration of health before coming to Sunnaas Hospital. This is to limit the spread of infection.

Fill out the form and send it via [secure digital dispatch in KS Edialog](#) well before you start.

Name	
Place of study or employer	
Role (student/intern/supplier)	
Contact person at Sunnaas Hospital	

Stay in countries with a high prevalence of tuberculosis.

[See the list of countries on the Norwegian Institute of Public Health's website.](#)

Have you spent more than three months in a country with a high prevalence of tuberculosis in the last three years?

Yes No

Did you answer yes? Ask a doctor for the following tests/examinations:

- IGRA test
- X-ray examination of the lungs

The IGRA test should be taken 8-10 weeks after the last possible exposure. In some cases, this means you have to take this test after your first day of assignment or work. The X-ray examination must be taken and answered before attending the hospital.

MRSA (Resistant Bacteria)

1. Have you been diagnosed with MRSA, now or in the past? **Yes** **No**

Did you answer yes? You cannot attend the hospital if you have MRSA, please contact your contact person.

2. In the last 12 months, have you:

- had contact with a person diagnosed with MRSA? **Yes** **No**
- stayed in countries outside the Nordic region for more than six weeks? **Yes** **No**
- visited a dentist, healthcare service, got a tattoo/piercing, or stayed in orphanages or refugee camps outside the Nordic region? **Yes** **No**
- worked or stayed in an asylum center in Norway? **Yes** **No**

Did you answer yes to one or more of the questions above? You need to present a recent negative MRSA test before you arrive at the hospital.

Ask a doctor for:

- MRSA screening (you should not have used antibiotics in the last two weeks before taking the tests)

Results from Doctor

Test results are sent via secure digital dispatch in [KS Edialog](#). Write the name of your contact person in the message field.

We store the documents in our archive system. If you are diagnosed with tuberculosis or MRSA, you cannot attend the hospital. Note! Health information must not be sent by email.

Signing / Return of Self-Declaration

We consider the self-declaration signed when you have filled out the form above and returned it via secure digital dispatch in [KS Edialog](#). The declaration is kept in the archive until you contact the hospital yourself and request its deletion.

Thank you for helping us limit the spread of infection in the hospital!